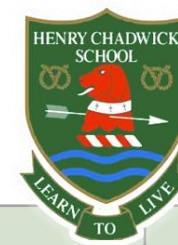


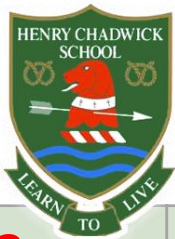


# MENU WEEK 1

W/C 2/9, 23/9, 14/10, 11/11, 2/12, 6/1, 27/1



<b>WEEK 1 AUTUMN/ SPRING</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN</b>	<b>Chicken nuggets with Birds Eye mini waffles, peas/baked beans</b>	<b>Creamy bacon and cheese penne pasta with garlic bread, green beans</b>	<b>Traditional cottage pie with veg of the day</b>	<b>All day breakfast - bacon, sausage, hash brown, baked beans, scrambled egg, grilled tomato</b>	<b>Ham and cheese pizza with seasoned fries, baby corn/spaghetti hoops</b>
<b>VEGETARIAN OPTION</b>	<b>Veggie nuggets with Birds Eye mini waffles, peas/baked beans</b>	<b>Tomato penne pasta with garlic bread, green beans (option of cheese)</b>	<b>Veggie cottage pie with veg of the day</b>	<b>All day breakfast - 2 veggie sausages, hash brown, baked beans, scrambled egg, grilled tomato</b>	<b>Cheese pizza with seasoned fries, baby corn/spaghetti hoops</b>
<b>DAILY</b>	<b>Jacket potatoes with a selection of fillings (baked beans available daily)</b>				
	<b>Sandwiches/Wraps: Ham/Tuna/Cheese</b>				
<b>PUDDING/ EXTRAS</b>	<b>A variety of homemade desserts available everyday</b>  <b>Fresh fruit, yoghurt, salad, milk and crackers available daily</b> <b>Gluten free/Dairy free/Vegan alternatives available</b>				



# MENU WEEK 2

W/C 9/9, 30/9, 21/10, 18/11, 9/12, 13/1, 3/2

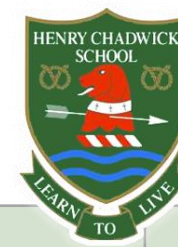


<b>WEEK 2 AUTUMN/ SPRING</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN</b>	Ham & cheese wrap with waffle fries, baby corn/carrots	Mac & Cheese with garlic bread, carrots/broccoli	Roast turkey, roast potatoes and mash with veg of the day	Mild chicken tikka with rice, naan bread and green beans	Sausage pizza with seasoned fries, baked beans/spaghetti hoops/corn
<b>VEGETARIAN OPTION</b>	Cheese & bean wrap with waffle fries, baby corn/carrots	Mac & Cheese with garlic bread, carrots/broccoli	Veggie sausage, roast potatoes and mash with veg of the day	Vegetable Samosa with rice, naan bread and green beans	Cheese pizza with seasoned fries, baked beans/spaghetti hoops/corn
<b>DAILY</b>	Jacket potatoes with a selection of fillings (baked beans available daily)				
	Sandwiches/Wraps: Ham/Tuna/Cheese				
<b>PUDDING/ EXTRAS</b>	<p>A variety of homemade desserts available everyday</p> <p>Fresh fruit, yoghurts, salad, milk and crackers available daily</p> <p>Gluten free/Dairy free/Vegan alternatives available</p>				



# MENU - WEEK 3

W/C 16/9, 7/10, 4/11, 25/11, 16/12, 20/1, 10/2



<b>WEEK 3 AUTUMN/ SPRING</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN</b>	Jumbo Fish Fingers with potato crunchies, baked beans/peas/mushy peas	Spaghetti Bolognese with garlic bread, green beans/carrots	Sausage, Yorkshire pudding, gravy, mash, cauliflower & broccoli	Beefburger in soft bun with herby potato cubes, baby corn/baked beans/spaghetti hoops	Pepperoni pizza with seasoned fries, baked beans/spaghetti hoops/green beans
<b>VEGETARIAN OPTION</b>	Veggie fingers with potato crunchies Beans/peas/mushy peas	Veggie bolognese with garlic bread, green beans/carrots	Veggie Sausage, Yorkshire pudding, gravy, mash, Cauliflower & broccoli	Veggie burger in soft bun with herby potato cubes, baby corn/spaghetti hoops	Cheese pizza with seasoned fries, baked beans/spaghetti hoops/green beans
<b>DAILY</b>	<b>Jacket potatoes with a selection of fillings (baked beans available daily)</b>				
	<b>Sandwiches/Wraps: Ham/Tuna/Cheese</b>				
<b>PUDDING/ EXTRAS</b>	<b>A variety of homemade desserts available everyday</b>  Fresh fruit, yoghurts, salad, milk and crackers available daily Gluten free/Dairy free/Vegan alternatives available				