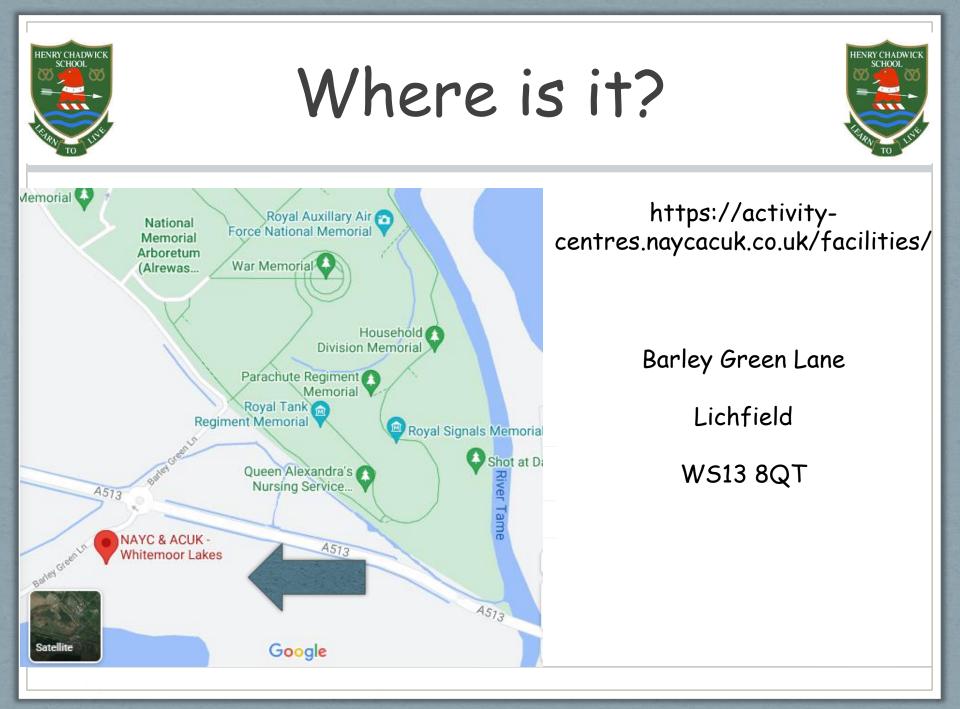




### Henry Chadwick at Whitemoor Lakes

30<sup>th</sup> September - 4<sup>th</sup> October 2024







## Preparation



#### <u>Kit Lists</u>

#### Please refer to the copy that has been given out.

# We advise that you follow this as much as possible.

Weather can be unpredictable, especially as we enter October!



# Preparation



#### <u>Suitcases</u>



#### <u>Hairdryers</u>

We will not be allowing children to bring their own hairdryers owing to H&S concerns.

Children will be urged to wash their hair in the evening, to allow it to dry naturally OR can use a hairdryer from one of the staff.







**Getting There** 

Staff will be waiting to greet the children as they arrive at Whitemoor Lakes.

Parents to arrive between 10am and 10.30am.

(\*To be confirmed in September)

Parents will then be able to say goodbye until we all head in to the centre together.

Please ensure your child brings a packed lunch with them on arrival - their first provided meal will be on the Monday evening.

Lunches can be ordered from school for that day if required.







#### Mr O'Leary

#### Mrs Smith

### <u>Mrs Hall</u>

#### Other members of staff to be confirmed.

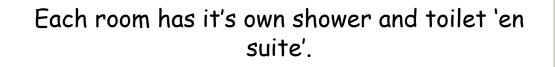


### Dormitories



We will be staying in the 'Buttermere' Lodge'

The children will be staying in rooms along our own sectioned off corridor.



Staff will be in rooms spread out along the corridor.

Next to the corridor is a communal seating area (just for Henry Chadwick). The external door will be alarmed during the night.





### Dormitories



Each morning the children will be woken between 7am and 8am, and given time to get washed and ready.

Each evening, the children will be given time to get ready for bed and have some social time within their rooms.

At approximately 8pm – 10pm, lights will go out and children will be expected to go straight to sleep.



### Dormitories



Expectations

Noise

Electronics

Torches

Cameras

Food and Drink

Medicines







A programme of events has been created to link to our whole school values of Teamwork, Resilience, and Determination.

The children will be split into three groups to complete their activities, alongside staff and trained instructors.

At least one member of Henry Chadwick staff will be with a group throughout the week.









Each child will have the opportunity to try each of the following activities:

Archery	Abseiling	Kayaking
Orienteering	Leap of Faith	Eggs Can Fly
Raft Building	Rock Climbing	Agility Course
Gladiator	Sailing	UV Games
Traversing	Zipwire	Canoeing









In addition to these, the children will also take part in the following during the evening sessions:

Do they HAVE to?

We will encourage all Children to 'have a go', but nobody will be forced to take part in anything if they do not wish to. Run Around Quiz

Campfire

Movie Night

Disco

Clothes for the Evening

Campfire = VERY smoky!

Disco = Posh frocks if they want to!

Movie Night = Comfy PJ's!

#### Team Games/Icebreakers





# Eating



A copy of the menu for this week will be provided before we depart.

All appetites are catered for with a range of nutritious and delicious meals.

Allergies and Specific tastes.

Please see the example menu provided.

All children will need a packed lunch on the Monday – if you need to order this from school, please do so by Wednesday 25<sup>th</sup> September\*







#### The 'Tuck Shop' is yet to be confirmed.

#### We will update you on this later in the year.







All staff at Whitemoor Lakes are qualified in the activities they provide and are all first aid trained.

All information that has been provided on the medical forms will be looked at in detail by the staff.







If in case of emergency, if you need to contact us during the day, please phone the school, who will in turn contact Mrs Smith, Mrs Hall or myself.

We will all have phones with us to contact you for any other reason and a copy of your contact numbers.

We want to keep contact limited to promote independence. In an emergency we will contact you directly.

If, in an emergency only, there is a need to contact a member of staff at night, please contact me on 07583291789. I will also be in contact with Mrs Barnes throughout our stay.







Children will be leaving at approximately 2.30pm (Mrs Jones to contact if any change)

The children will be brought to you as soon as we see you at the site.







**General Questions** 

Individual Queries