



Laches Wood



Tuesday 9th May
- Wednesday 10th May



Why are we going?



To build independence

To build resilience

To build teamwork

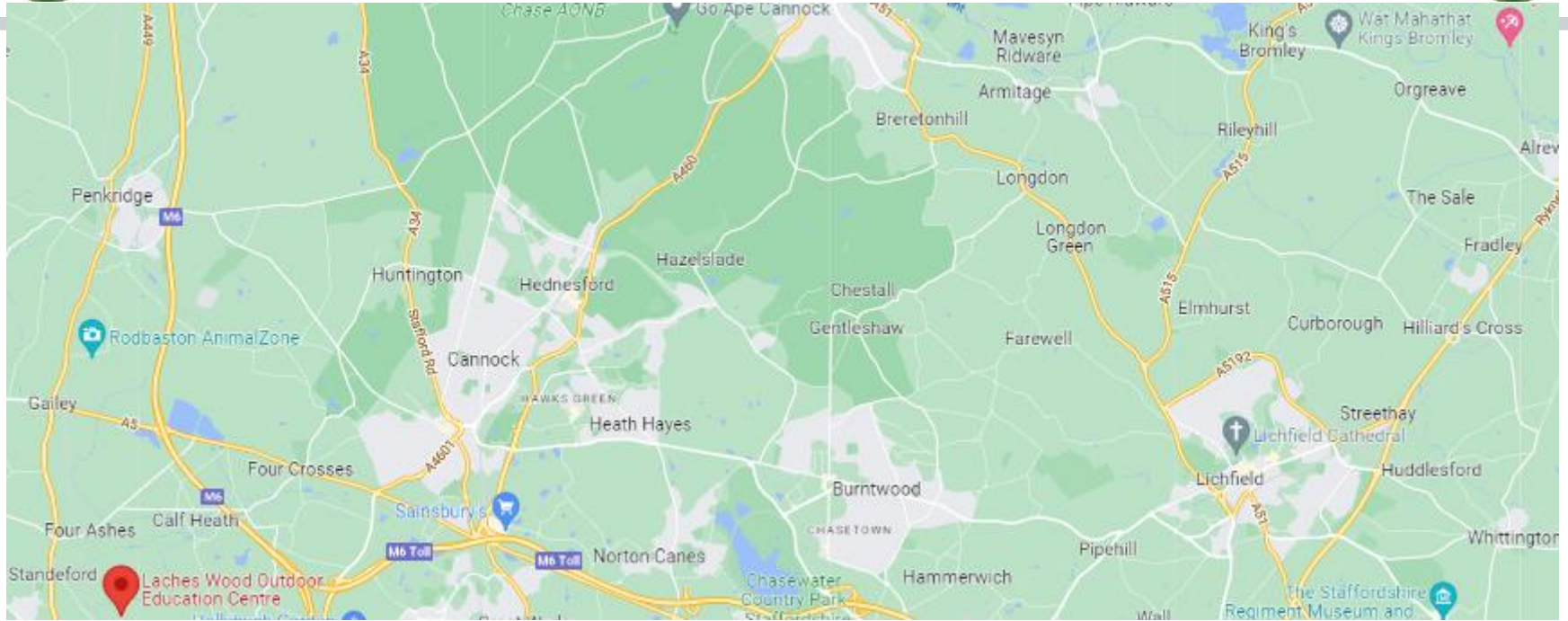
To have fun!

<https://www.entrusted.co.uk/services/our-centres>





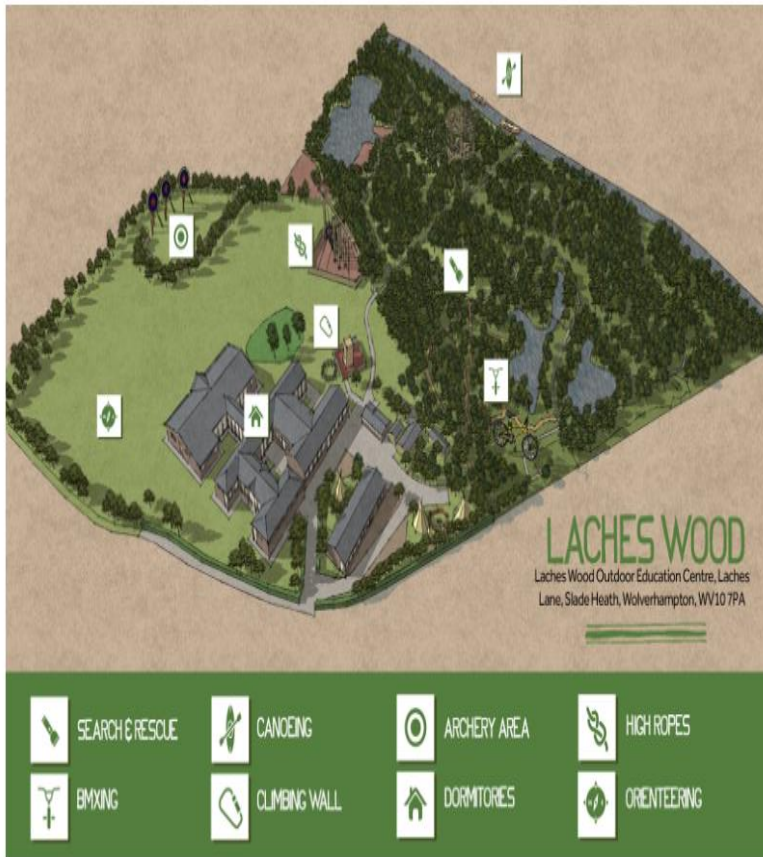
Where is it?



Laches Ln,
Slade Heath,
Coven,
Wolverhampton WV10
7PA



Laches Wood



There will be other schools visiting Laches Wood while we are there.

We will have our own part of the building for our dormitories.

School staff will have bedrooms next to the children's dormitories.



Who will be going?



Mrs Orme

Mr Atkinson

Mrs Smith



What will we be doing?



A programme of events has been created to link to our aims for our trip linked to - independence, teamwork, communication, resilience

The children will complete their activities, alongside staff and trained instructors.





What types of activities will we be doing?



Date	<i>Activities</i>
Tuesday 9th May	Arrival & Welcome
	<i>Frisbee Golf & Blindfold Trail</i>
	<i>Mini Axe throwing & Rock Room</i>
	<i>Evening Activity - Photo Trail</i>
Wednesday 10th May	<i>Rafted Canoes</i>
	Goodbyes & Depart at 1:30pm

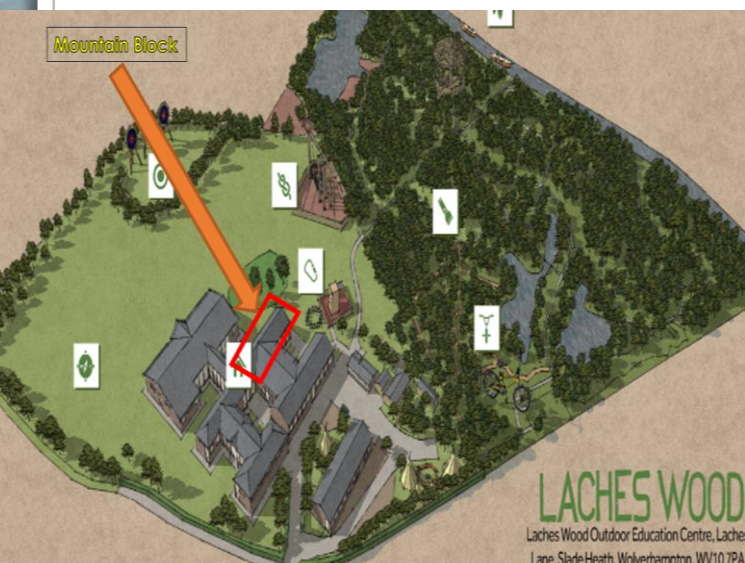


What will we be eating?

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Omelette, Hash Brown and Scrambled Eggs	Bacon, Scrambled Egg and Waffles	Spaghetti Hoops, Omelette and Staffordshire Sausages	Hash Browns, Bacon and Plum Tomatoes	Scrambles Egg, Staffordshire Sausage and Baked Beans
Also available - Cereals, Tea Cakes, Scotch Pancakes Toast and Crumpets with Butter, Marmalade & Jam, Tea, Pure Fruit Juice, Milk, Yoghurt and Fresh Fruit					
Lunch	Picnic Box Selection of Sandwiches or Baps, Crisps, Piece of Fruit, Biscuit or Homemade Tray Bake and a Cold Drink				
Dinner	Pork Sausage with Gravy, Mashed Potato and a Yorkie Quorn Sausage with Mash Potato and Gravy Jacket Potato and a Selection of Toppings	Pasta King With a choice of Toppings Vegetable Bolognaise Garlic Bread Jacket Potatoes with a Selection of Toppings	Roast Turkey with Roast Potatoes and Gravy Quorn Fillet Roast with Roast Potatoes and Gravy Jacket Potato and a Selection of Toppings	Cheese and Tomato Pizza Fish Fingers Potato Wedges Jacket Potato and a Selection of Toppings	
Vegetables	Carrots, Peas & mixed Salad	Peas and Sweetcorn & Mixed Salad	Carrot and Broccoli & Mixed Salad	House Slaw and Sweetcorn and Mixed Salad	
Dessert	Chocolate Crunch with Custard	Pineapple upside down cake	Apple Crumble with Custard	Warm Jam Sponge	
A choice of Jelly Or Mousse and Fresh Fruit Will be Available As an alternative to the dessert					
Supper	Hot Chocolate and Biscuits				



Where will we be staying?



We will be staying in the 'Mountain Dorm Lodge'

The children will be staying in 5 rooms with bunk beds.

We have 3 larger rooms which sleep between 12 to 16 children and 2 rooms which sleep 5/6 children.

Girls and boys will be in separate rooms.

Rooms will be organised nearer the time.

Staff will be in rooms next door to the children.





How to prepare



- Packed lunch for the first meal.
- Teddy bear/Soft toy - We would like everyone to bring a teddy bear or soft toy that is familiar, to help feel settled.
- Please see kit list - the children will need to bring a single duvet cover and pillow case, they can also bring their own bottom sheet if they would prefer.
- The children will be asked to make their bed on arrival - please practice - we will be on hand to help!
- As mentioned on kit list - old, comfortable clothes are ideal.
- Book for bedtime



How to prepare



- No snacks/food/sweets - the children are not allowed snacks/food in the dorm rooms - this is for health and safety reasons.
- No electronics e.g. phones, hairdryers
- Please be mindful of only packing essential items - the children will have to carry their bags to their rooms.
- Please label all clothing and items!



How are we getting there?



- We will be leaving Henry Chadwick on Tuesday morning - the time will be confirmed nearer the time.



Timetable

Each morning the children will be woken between 7am and 8am, and given time to get washed and ready.

The children will eat breakfast and dinner in the hall. Lunch will be a packed lunch which we will eat in our lounge area.

There will be times the children will be able to play on the field- staff from HC will supervise during these times

Bedtime will be around 8:30pm



Dormitories



Expectations

Noise

Electronics

Torches

Cameras

Food and Drink



Tuck Shop



Laches Wood will provide a small souvenir tuck shop.

Henry Chadwick will provide a small tuck shop (sweets, chocolate, crisps etc) so that children can still have the experience of handling money.

Children will be allowed to buy one snack each evening and will eat it in the lounge.

No more than £5.00, please, in a labelled envelope/wallet



Health and Safety



All staff at Laches Wood are qualified in the activities they provide and are all first aid trained.

All information that has been provided on the medical forms will be looked at in detail by the staff.



Emergency Contact



If in case of emergency, if you need to contact us during the day, please phone the school, who will in turn contact Mrs Smith or myself.

We want to keep contact limited to promote independence.

In an emergency we will contact you directly.



Questions



What if my child is homesick?

Children usually have a great time while they are away and they are usually too busy to dwell on things, although missing home and managing emotions is part of the learning experience.

We are asking all children to bring a soft toy to help with this. If a child is finding it particularly hard, despite lots of support and strategies to help, we will contact you.



Questions



Can my child bring a mobile phone/call home?

Please do not allow children to pack and bring a mobile phone or other electronics. We discourage children calling home as this often brings on homesickness.

Parents will be contacted if we are worried about a child's well-being.

We will provide regular updates via T2P on what the children are doing.



Questions



What if my child doesn't like an activity?

We encourage all children to take part in each activity and give it a try.



Questions



What if my child doesn't feel well?

You can send Calpol sachets, in case your child feels unwell while we are away.

Please can you hand Calpol/medication to staff before we leave and that calpol/medicine is labelled in a clear, resealable bag with your child's name and dosage.

Should your child need Calpol while we are away a member of staff will contact you.

Any prescribed medication should be handed to a member of staff with details of dosage, timings etc



Important Bits



Medical/ dietary information - Please return your forms as soon as possible - by **Wednesday 3rd May**- if you need to update anything after this please let us know.

Packed Lunch- Your child will need a packed lunch for their first meal.

Clothing- Old clothes are best, please do not buy new clothing.



Important- Payment



Due to only being 2 days/ 1 night payment is £92
NOT £138.00 as on Parent Pay.

Unfortunately, we are unable to change this -
please only pay £92.00

Coach separate on Parent Pay £21.50



Questions



General Questions

Individual Queries