



Swimming Statement

Here at Henry Chadwick Primary School in Rugeley we take School Swimming very seriously. Swimming is not only a key life skill for pupils, that allows them to be physically active and enjoy water-based activities, it is also a lifesaving skill. With many lakes, rivers and canals surrounding the area in which we live, it is crucial that pupils know how to stay safe in and around the water.



As part of our PE curriculum, we offer free school swimming lessons to pupils of all ages. We take Year 3 and 4 pupils swimming weekly in the autumn and spring terms to Lichfield Leisure Centre.

In addition to these school lessons, we appreciate the support and role parents can play in helping their children gain water confidence and awareness.

Please take a look at the documents that have activities you can do at home with your children to prepare them for lessons and gain confidence.

There are also documents containing water safety learning activities that would be useful to look at with your child at home. It would be great to have a walk near water and discuss these practically with your children.